

SOUL SPACE MAUI RENEWAL CENTER

Introduction to Meditation

With Edie Van Hoose

Tuesday, May 18th ~ 6:30 - 8:00 pm

Edie is a licensed Massage Therapist and Instructor providing Healing Arts in her private practice.

Her expertise includes facilitating Meditation Classes, teaching techniques for stress relief and leading Laughter Yoga Workshops. Edie has happily lived on Maui for 14 years and is known as the Health Professional's Health Professional.

She invites you to an introductory evening of exploring FUN and EASY meditation techniques, which will help you to focus on discovering your inner worlds and connecting to Source.

For questions contact:

Rhonda Felix 276-8079 ~ Rhonda@soulspacemaui.com

Edie Van Hoose 669-6225 ~ evh@clearwire.net

Edie Van Hoose



Donation of \$10.00 ~ all donations gladly received.