

BUSINESS  
CLASSES

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VITEC

CONTINUING EDUCATION & TRAINING



## Change Your Thinking Change Your Life

**Tuesday, July 28**

**6:00pm - 9:00pm**

**MCC/Laulima 101**

**\$44**

Achieve your goals by overcoming beliefs that hold you back! Using an internationally-recognized powerful method by Louise Hay, you will learn to change habitual belief patterns that get in the way of achieving your personal or professional goals. Watch your goals unfold in your daily life! You will learn to: identify personal and professional goals that you want to achieve; become aware of negative self talk that is holding you back; see where the beliefs stem from; release unproductive beliefs; and, rewrite old language; and step into positive self-talk.



***Rhonda Felix** is a licensed massage therapist, "Achieve Your Life - Achieve Your Dreams" Louise Hay Certified Teacher and a successful Maui business woman for over 20 years.*

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